

ALTERNATIVE SOLUTIONS TO PSYCHIATRIC DRUGS & HOW TO IMPROVE MENTAL HEALTH



JOIN US FOR THIS FREE SEMINAR

What They Aren't Telling YOU!

Presented by:

Dr. David Jantz, DC

This seminar will cover:

Dr. Jantz has presented this free seminar on the alternative solutions to anxiety, depression, stress, panic attacks and insomnia across the state. Everyone has experienced these problems at some point in their lives, and many people have them chronically. This seminar is about educating you on how to handle these issues so that you can lead a healthier and happier life.



By Survey, "mental health" is the number one concern in the United States.

42% of American adults are receiving some form of mental health therapy.

Nearly half of American adults turn towards self-help books because of anxiety.

90% of Americans say we are in a mental health crisis.

In the US 1 out of every 4 adults suffer from stress

A billion people worldwide say they suffer from a mental disorder.

Date: Monday, December 1st @6:45pm

Location: 20415 Mack Ave.

Grosse Pointe Woods, MI 48236

Seating is limited so call and reserve your seat today at 313-881-7677

- The dangers of psychiatric drugs and why you need this information even if you are not taking them yourself (someone you know likely is).



- What key elements play a role in your mental health.
- How to improve your sleep and elevate your mood. How psychiatric drugs, such as Ritalin, Concerta, Prozac, Lexapro, etc, cause brain damage.
- And so much more

Success Story

My name is Carol Costa and I was prescribed Xanax, Ativan, and Valium at various points in my life for anxiety. As time went on I had a lot of side effects such as memory loss, lack of emotion, depression, and the worst being addiction. Dr. Jantz helped me with some other issues, so I asked him about alternatives for anxiety. I was a full time student at Baker College and suffered from test anxiety. He recommended a natural supplement that worked wonders on me! I would take it 15 minutes prior to a test and it allowed me to be confident, relaxed, focused and ready for my tests.

