# ALTERNATIVE SOLUTIONS TO PSYCHIATRIC DRUGS!

JOIN US FOR THIS FREE SEMINAR



What They Aren't Telling YOU!

## Call 313-881-7677 to inquire about our next seminar!

### Presented by: Dr. David Jantz, DC

Dr. Jantz has presented this free seminar on the alternatives solutions to anxiety, depression, stress, panic



attacks and insomnia across the state. Everyone has experienced these problems at some point in their lives, and many people have them chronically. This seminar is about educating you on how to handle these issues so that you can lead a healthier and happier life.

Date: Monday, September 15th, at 6:45 pm

Location: 20415 Mack Ave. Grosse Pointe woods, MI 48236

Seating is limited so call and reserve you seat today at 313-881-7677

#### This seminar will cover:

- A variety of solutions to conditions such as
   anxiety, depression, stress, panic attacks,
   etc.
- The dangers of psychiatric drugs and why you need this information even if you are not taking them yourself (someone you know likely is).



- What key elements play a role in your mental health.
- How to improve your sleep and elevate your mood.
- How psychiatric drugs, such as Ritalin, Concerta, Prozac, Lexapro, etc, cause brain damage.
- · And so much more

#### Success Story

My name is Carol Costa and I was prescribed Xanax, Ativan, and Valium at various points in my life for anxiety. As time went on I had a lot of side effects such as memory loss,



lack of emotion, depression, and the worst being addiction. Dr. Jantz helped me with some other issues, so I asked him about alternatives for anxiety. I was a full time student at Baker College and suffered from test anxiety. He recommended a natural supplement that worked wonders on me! I would take it 15 minutes prior to a test and it allowed me to be confident, relaxed, focused and ready for my tests.